

Get 'Em Outdoors!

John Nisbet, AAC Pack

Are you taking your program outside? Is your leadership team meeting the program standards for your section?

Scouts Canada Program Standards tell us that for Colony, Pack, Troop and Company, "opportunities are to be provided for youth to participate in outdoor activities as often as possible."

At minimum: **One regular meeting per month outdoors, and one weekend outing every two months.**

At minimum!

The standards also tell us that we are to go to camp at least one night annually for Colony, three nights for Pack, six nights for Troop and six nights in a wide variety of settings for Company.

If you are already doing this or better, great. If not, please consider reading this article, think about what is in it, and change your program, getting your youth outside more!

Now you might think, "it is all well and good to say Scouts Canada has program standards, but what are they to me? They are just guidelines—what will any one do if we do not hold our

regular Wednesday night meeting outdoors once a month? We went to Apple Day, let that count!"

Well, probably no one will say much,



if anything at all.

However, please consider—program standards were not designed to be bothersome. They are a minimum, not a goal to be derided or make excuses

for falling short of.

If met, aren't they an indication that you are helping run a well designed and executed program? Are there not standards in almost all aspects of our lives? For schools, drivers' licenses, hospitals, mechanics, buildings, bridges, broadcasting, elevators and on and on?

What does it mean to hold a regular meeting outdoors? Does it have to be hike after a two-hour drive, or can a walk in the neighbourhood to look at Halloween or Christmas decorations constitute a regular meeting outdoors? Could it be cooking on camp stoves in a parking lot? Can it be meeting on a local school field and playing some games?

Can you do on that field, or in a local grove of trees, or at a nearby beach or lake shore, all that you could do inside? Can you hold a regular opening, collect dues, do an inspection, do badge testing, pass on information, do a craft, sing a song, etc., all outside?

What if it rains or is cold, or as often happens in Nova Scotia, is both? Do you move the meeting back inside?

Short answer: "Wear a raincoat!"

Wouldn't a foul weather regular meeting night, be a good opportunity

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We reserve the right to edit submissions.

PLEASE NOTE: THE AREA MANAGEMENT TEAM WILL BE UNDERGOING CHANGES AT THE END OF NOVEMBER. PLEASE CHECK THE AREA WEBSITE FOR UPDATES.

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Director of Administration: Ian Parker 457-4995

Director of Program: contact Area Commissioner

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Spring Home Show Coordinator: Betty Hayden 852-2267

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Halifax Central: Don Connors 453-0234

Harbour West: Richard Dannels 477-2540

Sespenaak Centre: Sandra Braye 865-4703

St. Margaret's Bay: Christine Madill 876-8707

HALIFAX AREA WEBSITE

www.halifaxscouts.ca

To have your message included on our website, please contact John at area@halifaxscouts.ca.

CAMP LONE CLOUD

860-3130

www.camplonecloud.ca

CLC Webmaster: Marshall Giles



Commissioner's Corner



Debbie Doherty, Area Commissioner

Another Scouting year has begun, so let's quickly review what has occurred the past few months.

During the summer Scotia Jam '09 took place at Camp Carter. I was down from Monday until the close of the jamboree as a member of the team which organized, set up and manned the zipwire event with Don Connors and his team. I had not attended a jamboree since CJ'89.

Why did I wait so long? As for many of us, it had to do with family obligations and only two weeks of summer vacation. This year I am glad I was able to attend as it reinforces why we do what we do—providing opportunities for our Scouting youth to learn to be self-sufficient and become responsible adults. Hopefully we have instilled some great values and they will continue to utilize the outdoors when they are adults and also become our leaders of tomorrow.

On Thursday, Karen O'Toole, Marilyn Moore, Richard Dyke, Howard Donahue and I were welcomed to breakfast by the Scout troops from Armview Zone. Since it was Anti-Bullying Day and pink was the colour of the day, almost all had a pink shirt.

Then in August I held a meeting and invited the Group Commissioners to attend. It was a successful meeting as the budget for Halifax Area 2009-2010 was accepted. It gave the opportunity for another group of Scouters to meet, mingle and make a unified decision.

In September, I was given the opportunity to be the Pack Course Manager on the Wood Badge II. What an honour to be asked, and again it was a learning experience for me as this was the first time I had lead such a course. I met some new Scouting friends from around the province, had some fun and now I have to take the time to go geo-caching. It was not on the syllabus, but I am sure that those on the course would be anxious to get together to spend some time to do so. Scouting provides the opportunity for all of us to learn something from each other as we are all from different backgrounds and have had different experiences along the way.

Then I lost a Scouting friend—Marilyn Moore. It was because of her I attended my first Scout Alert in 1990. My oldest son had just gone up to Venturers and my youngest son was still a Scout. As a parent and a Cub Leader I had dropped off and picked up many times over the years, but had never volunteered or been asked. Another Scouter asked me to attend that year and told me that he

DEADLINE FOR THE NEXT ROUND-UP MARCH 14.

Articles submitted after that date will be published as space permits.

knew another woman who would tent with me. We had never met until that weekend. We assisted in the kitchen and we worked with other leaders from what was then Sackville Centre District. We met various times over the years as Marilyn was a very dedicated Scouter. She had been at ScotiaJam this past summer as she worked the registration desk at the jamboree. She had been very busy over the winter assisting with the registrations for the jamboree. Until this past year, we were greeted by her at the registration desk at Lodges 'n Lairs. She will be missed by many.

Now it is October. The weather is cooler and the leaves are crispy underfoot. This is my favourite time of year. I have already gone on two hikes this fall with the Cub pack. One was an urban hike along Glendale Drive in Lr. Sackville, and then we went to a nearby park for a four-kilometre hike. Do

we have to go far to utilize the outdoors?

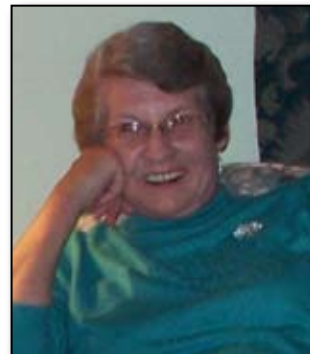
Now that it is getting dark earlier it's easier to do more star gazing. Maybe we will do a scavenger hunt. I know I have many ideas from Wood Badge II.

Take care, and hopefully I will see you at the Scouters' Conference. Hopefully I will see some of you at the Festival of Lights as Dave Durnford and Bruce Doary are again organizing our float. Or maybe I will see some of you on the training courses this winter.

If I can ever be of assistance, please feel free to contact me by phone at 864-2892 or by email to dadoherly@accesscable.net. If I can't help you, I am sure I can find someone to offer support or ideas, etc.

Have fun Scouting this year and remember the "Out in Scouting!"

Gone Home



MARILYN MOORE

Well-known Scouter Marilyn Moore passed away on Monday, September 28, 2009 at the QEII in Halifax.

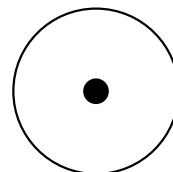
Throughout her career, Marilyn was a teacher. For over 30 years, she dedicated her time to Scouts Canada and was also active with the Mainland South Heritage Society, where she helped as a genealogist at the Captain William Spry Centre.

As a Scouter, Marilyn could be found anywhere a youth or adult event was taking place. She could be counted on to undertake whatever task was at hand, particularly if it meant she was helping, or teaching someone.

Marilyn filled many roles over the length of her Scouting career, but in recent years was probably most widely known as a trainer, as registrar for Lodges and Lairs and on the security team at Operation Alert.

Marilyn is survived by Bill, her beloved husband of 39 years, and her son, Mark, as well as her granddaughter and many nieces and nephews.

*Not how did he die,
but how did he live?
Not what did he gain,
but what did he give?
These are the units
to measure the worth
Of a man as a man,
regardless of birth.*



Pete's

The familiar. The sublime. The Pete's experience.

Pete's Frootique was one of CLC's special guests this past summer. They came with some amazing samples and entertained everyone. Thanks Pete for sending your staff and interesting produce.

CLC Wraps Up Another Great Year!

James Robertson, Chair, Camp Management Board

Well, the season is now behind us. By the time you read this, boats will be tucked away safely, water systems shut down, program supplies packed away and shutters in place. It truly is amazing how quickly the season passes.

Another exciting year on the island has come to a close. While numbers were down over the past year, it was quite encouraging to see them increase as the summer progressed. We did reduce the number of staff this year in an effort to better organize the program and reduce expenses. Many of our standard roles remained in place—with several

new faces added.

One noticeable difference this year was in the kitchen. Anna Bone had served us well for many years and became a dear Nanna to many. We thank her for her untiring commitment and dedication to Camp Lone Cloud.

This summer we welcomed Dave Howard to the staff as Food Services Director. Dave

(Chikai) quickly became an active member of the staff team and managed the kitchen activities with confidence and care. One of his many specialties is homemade cheesecake – WOW. He even created an ice cream cake and delivered it to the mainland to one of the staff to celebrate their birthday.

Kyle Barrett assumed the role of Camp Director this year. Kyle did a great job in bringing the team together, providing them with the skills needed during pre-camp and supporting them throughout the course of the summer. The role of Camp Director is one of significant responsi-

2008 Camp Lone Cloud Statistics

Program	Armview	Hfx. Central	Basin Lakes	Harbour West	Sespenaak Centre	St. Margaret's	Dartmouth	Tri-County	Valley	Colchester	Lunenburg	Other	No District	Total
Camper	16	6	9	0	7	0	11	4	0	1	0	11	54	119
Junior	1	3	1	0	1	1	2	0	0	1	0	2	15	27
Advanced	0	0	5	1	1	0	4	1	0	1	0	1	25	39
CIT	0	3	0	1	2	1	3	0	0	2	0	0	16	28
TOTAL	17	12	15	2	11	2	20	5	0	5	0	14	110	213
2008	25	15	27	1	14	1	28	7	4	7	2	6	116	253

bility. Managing the facility, staff, program and expenditures requires a strong ability to multi-task and prioritize. Thank you Akela, for a job well done.

I suspect that the ink will scarcely be dry on this issue and we will be looking to hire the staff of 2010. Stay tuned for some big news on new things to come at CLC. Next year is certain to be a highlight in the history of the camp.



A great photo of our island, as taken by the father of one of our staff. CLC is made out of staff members laying on the field.



Registration Statistics Comparison

Program	Budget	2009	2008	2007	2006	2005	2004	2003	2002
Camper	145	119	148	145	148	172	193	184	241
Junior	50	27	51	26	33	47	63	62	58
Advanced	50	39	21	30	53	50	37	45	62
CIT	40	28	33	51	48	46	46	44	39
TOTAL	285	213	253	252	282	315	339	335	400

Training Report

Karen O'Toole, Director of Training

In order to give our youth the best program possible, leaders must be trained. We try very hard to make the training informative and fun. By taking the training, you are fulfilling your obligation to Scouting and you will gain more confidence and understand our program better. Training is made up of three stages: Core, Section Specific and Outdoor Skills. It is preferable to take them in that order, but not mandatory. Meeting other leaders and exchanging ideas is an extra bonus!!!

Below is the schedule for Halifax and Dartmouth courses. We hope by making more dates available, we will provide more opportunities for leaders to complete their training. Hope to see you there! Please call the contacts to register for the courses.

FOR INFORMATION OR TO REGISTER FOR ALL HALIFAX COURSES, YOU MAY CONTACT ME BY PHONE AT 868-2991 OR BY EMAIL AT [KARENO@EASTLINK.CA](mailto:kareno@eastlink.ca).

CORE – No Fee

HALIFAX:

October 28, 6:30-9:30, Bethany United Church, 7171 Clinton Ave., Halifax

November 17, 6:30-9:30, Bethany United Church, 7171 Clinton Ave., Halifax

DARTMOUTH:

November 1, Bedford Institute of Oceanography.

Contact Ian Travers 462-7606.

January 6, Location TBA. Contact George Mawko 435-6244.

SECTION SPECIFIC – Fee \$8

DARTMOUTH:

Colony – November 14, all day, Camp Harris. Contact Gail Shea 435-1248

Pack – November 14, all day, St. Paul's Church.

Contact Mary MacLeod 463-8949

Troop – November 14, all day, Bedford Institute of Oceanography.

Contact Peter Comeau 434-6109.

Company/Crew – November 14, all day, Woodlawn United Church.

Contact Jim Williams 435-1968.

HALIFAX:

Colony – January 16, all day, Bethany United Church.

Contact Maxine Adams Small.

Pack – January 16, all day. Contact Debbie Doherty.

Troop – January 16, all day. Location TBA.

OUTDOOR SKILLS – Cost \$8

Dartmouth: November 28, all day, Camp Harris. Contact James Grigg 434-5727.

Halifax: January 24, all day. Location TBA.

FIRST AID

November 21-22. We need 10 in order to hold the course. Names must be submitted to me by October 21. (kareno@eastlink.ca or 868-2991)

GROUP COMMITTEE

February 6, all day. Location TBA.

Get 'Em Outside!

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to check out what all-weather clothing your youth have? Would holding regular meetings outside give youth a chance to learn to dress properly?

Do all our youth know how to dress properly for heavy rain? How many adolescents go to school on rainy days in sneakers, pyjama bottoms and a hooded cotton sweatshirt? Will that work for an overnight camp? Is practicing how to dress for rain a skill only to do on the weekend? How many times has foul weather almost stopped you from doing something outside, but once there, you still enjoyed yourself?

What do your youth want to do outside? What games do they play at school or with their friends outside of Scouting? Can you play the same games on a Monday night in the parking lot of your regular meeting place?

In addition to treating regular meetings outdoors as dress rehearsals or training opportunities for overnight camps, please consider: being outdoors is not just a "nice to do thing if convenient" element in the Scouting program. It is essential.

I submit that getting outdoors is essential—not only for the physical health of our youth but also their mental health. Richard Louv, in his book *Last Child in the Woods*, makes the case that considerable harm is being done in our culture because of the disconnect between nature and most children in modern western society. Too much time is being spent in front of electronic screens and not enough time is spent just being outside playing.

Our Scouting program is really at the forefront for child development in this area!

In addition to the health benefits of outdoor activity, we should also ask if the only knowledge youth have of the outdoors and nature comes from computer/TV/movies, magazines, books or the odd hour outside here and there—what real appreciation of nature will they develop? If they only have a limited appreciation of nature, what value will they place on it?

Locally and globally we face consid-

erable environmental challenges. We humans are causing a lot of damage to our planet because we have undervalued the natural world. We have treated it as ours to use now, and not given enough value to taking care of it for future generations.

"We ignore all the species but ourselves. We think we're so important, that every species is subordinate to us. How arrogant! We live without thankfulness, without humility." So says Roxanne Quimby, co-founder of the Burt's Bees product line, as quoted in *Eco Barons The Dreamers, Schemers, and Millionaires Who Are Saving Our Planet*, by Edward Humes.

Spending time outdoors during a regular weekly meeting will better prepare your youth and you for weekend or even week-long camps and outings. Time in, and with, nature is healthy, educational and can contribute to a deeper understanding of our role in life, and our purpose.

Please do not let all the normal reasons for only meeting in the hall dictate your program.

It takes extra effort getting everyone outdoors, but isn't it worth it?

Parade of Lights

On Saturday, November 21, we will be setting up our float for the Parade of Lights. We encourage folks to come out and help create the float from scratch. We will be meeting at Caps Plus in Lower Sackville (located off the Old Sackville Road next to the Sackville Link Bus Station) around 9a.m. Youth, leaders and parents are welcome to help out. We would welcome any old Christmas decorations you may like to donate to help dress up the float. We will be working on the float until it's finished. We need to leave for the parade by 4pm.

In the evening, during the parade, we also need youth and adult Scouting members to ride on the float or walk behind it.

If you can help build the float or attend the parade, please contact Bruce Doary (487-3344) or Dave Durnford (864-7084).

Moosehead Scout Day

SUNDAY, FEBRUARY 21, 2010 AT 2:00

**HALIFAX MOOSEHEADS
- VS -
CAPE BRETON
SCREAMING EAGLES**



**Tickets may be purchased
ONLY from the Scout Office**

**SPECIAL SCOUTING PRICE: \$9.50
ALL TICKETS INCLUDE A CREST**

***This activity takes place during B.-P. Week...
uniform is a must for both youth and adults.***

Each youth wearing a uniform is eligible to obtain a coupon (free of charge) at the game, and will have the opportunity to

**WIN 1 OF 3 GREAT PRIZES
donated by the Moosehead Club!**

There will be a Scouting booth set up beside Subway Restaurant at the game where coupons will be given out to youth coming to the booth wearing uniform.

Draw will be at the very beginning of the 3rd period.

You must have your coupon before the end of the 2nd intermission.

We are also working out details for other fun stuff to happen at this year's game.

As details become available they will be posted on the Halifax Area website: www.halifaxscouts.ca.

**TICKETS WILL BE AVAILABLE FOR
PURCHASE AT THE SCOUT OFFICE BY
DECEMBER 1, 2009.**

Great Christmas stocking stuffers!

***(Remember the earlier you purchase your tickets,
the better the seat selection.)***

Let's Go Moose!

Knots from Troop Corner

Bruce Doary, AAC Troop

This will be my last update to Troop Corner as my term as Assistant Area Commissioner has ended, and I have joined up with a Troop in the Sackville area.

As my last article, I would like to leave you with the list of basic knots I have used for Wood Badge I Outdoor Skills and Scouters' Conference. I have

used it with the Troop youth and these knots cover a good cross-section of knots you will use the most, whether camping or for everyday use.

There are 10 knots listed below, and if you go to www.animatedknots.com, it will show you an animated version of how to tie these and many more knots.

Thanks and have fun!!!

Coming Up in Halifax Area and Across the Province

Committee Meetings

CAMP MANAGEMENT BOARD

meets on the third Tuesday of each month.

TRAINING ADVISORY

COMMITTEE meets monthly.

EXECUTIVE MANAGEMENT TEAM

meets second Monday each month.

AREA MANAGEMENT TEAM

meets at 7:30pm on the third Wednesday of each month.

ANNUAL MEETING, November 18,
Bethany Church, Halifax.

Training Events

1ST AID, November 21-22, Halifax.

WB I CORE, November 1,
Dartmouth. November 17, Halifax.
January 6, Dartmouth.

WB I SECTION SPECIFIC,
November 14, Dartmouth. January
16, Halifax.

WB I OUTDOOR SKILLS,
November 28, Dartmouth. January
24, Halifax.

GROUP COMMITTEE COURSE,
February 6, TBA.

Youth Events

BRING A BUDDY, January.

OPERATION GOOD DEED,
February.

Other

SCOUTERS' CONFERENCE,
November 6-8, Bridgewater.

PARADE OF LIGHTS, November
21.



1. REEF KNOT

- tying 2 ropes of the same size together
- decorative knot for tying packages
- will slip if pulled the wrong way

2. SHEET BEND

- tying 2 ropes of different or like sizes
- tying flag lanyards
- extending a rope length
- stronger knot than reef knot

3. BOWLINE

- used to make a non-slipping loop
- can be untied easily, or come untied if not under load
- use stopper knot to secure if rope is slippery

4. FIGURE 8

- keep end of rope from fraying
- used in climbing
- to make a non slip loop in any part of a rope
- used as anchor to tighten line

5. CLOVE HITCH

- not weight bearing
- used for starting lashing
- used for campcraft, cup holder, clothes hanger

6. ROUND TURN TWO HALF HITCHES

- used as an anchor
- easy to untie
- used to tie on eyelets of tarps

7. TAUT LINE

- used for tensioning lines
- tying up sleeping bags or gear

8. TIMBER HITCH

- used to attach a rope to a log for dragging
- add a half hitch on it to make it more secure

9. DOUBLE FISHERMAN'S

- secure method of joining two ropes the same size
- relatively compact

10. ALPINE BUTTERFLY KNOT

- used to tie a secure loop in the middle of a rope
- won't slip or ride down the rope